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Certificate of Achievement

**Mary Bradley**

has completed the following course:

**CREATING MOMENTS OF JOY FOR PEOPLE WITH ALZHEIMER'S  
PURDUE UNIVERSITY AND PURDUE UNIVERSITY PRESS**

When someone has short-term memory loss their life is made up of moments. This course discussed effective and practical ways to encourage and enjoy wonderful moments to ease the daily struggles of Alzheimer's for those living with it, and helping those who assist them look beyond the challenges of the disease and focus on creating the best possible life for those living with Alzheimer's.

2 weeks, 2 hours per week

EDUCATORS

**Jolene Brackey**

Author, "Creating Moments of Joy Along the Alzheimer's Journey"  
Purdue University

**PURDUE**  
UNIVERSITY.

**PURDUE UNIVERSITY PRESS**  
press.purdue.edu

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## Learning outcomes

- Summarise why all conversation needs to focus on memories that someone with Alzheimer's has left
- Describe ways to trigger memories for someone with Alzheimer's
- Develop strategies for determining the age the person with Alzheimer's is living in their mind
- Describe ways to make a person with Alzheimer's feel like everything is okay in this moment
- Identify three questions to ask yourself before correcting or contradicting a person with Alzheimer's
- Explain how your mood affects the mood of someone with Alzheimer's

## Syllabus

- Understanding the person
- What age are they in their mind?
- Live their truth
- I want to go home
- Stop correcting them
- Your mood affects their mood
- Taking care of the caregiver

Issued on 5th March 2018

The person named on this certificate has completed the activities in the transcript above. For more information about Certificates of Achievement and the effort required to become eligible, visit [futurelearn.com/proof-of-learning/certificate-of-achievement](https://futurelearn.com/proof-of-learning/certificate-of-achievement).

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